JOIN US ON OUR JOURNEY OF FAITH AT ANY OF THE SERVICES EVERYONE IS WELCOME
ST. MALACHY’S CHURCH

Times of Sunday Masses at St. Malachy’s:
Saturday (Vigil Mass) at 6.30 pm and
Sunday Mass at 9 am

Confessions at St. Malachy’s (Sacrament of Reconciliation)
Saturday: No Morning Confession
   Evening 5.30 pm to 6.15 pm

Mixenden & Illingworth Parish: Holy Nativity Church
Sundays at 10.00 am
All Age Eucharist, everyone welcome
Tuesday Eucharist:
   11 am Holy Nativity Church, Mixenden

PREACHERS AT ILLINGWORTH MOOR DURING THE MONTH OF NOVEMBER
All services commence at 10.30 am unless otherwise stated

LEST WE FORGET

3rd Nov.  Mr Craig Brown

3rd Nov. at 6 pm Rev Paul Welch Boys’ & Girls’ Brigade
   Enrolment Service

10th Nov. Mrs Stella Christie Remembrance Service

17th Nov. Rev John Saville Communion & Shoe Box Dedication Service

24th Nov. Rev Graham Kent
MESSAGE FOR NOVEMBER

As you would expect at this time of year, I have been doing Harvest festivals at church and in school. We were looking at the humble potato and I asked the children what meals or types of food you could make from the potato. They came out with all kinds of things like chips (as you would expect, who doesn't like chips?), mashed, jacket, roast as well as crisps, potato salad and other suggestions.

I was telling the children in school that we even have potatoes growing alongside our roses at home. This came about because we have put old potatoes in our compost bin and then used the compost as a base for our garden. There was obviously some kind of remnant of potato in it and so they have taken root and begun to grow with no help or intention from me. Often, I find this similar to faith. Sometimes we forget it is there from our past and it gets forgotten and we unintentionally find ourselves in the compost bin of life. Then life moves on and things happen and we get shaped by circumstance and we move to another patch in our lives. It is in this other patch of circumstance that some kind of faith now exists in some form and begins to take root, begins to grow and develop alongside other aspects of life, with help of food, sunshine and water for growth from God.

I recognise that many people don't go to church but do have some kind of faith or spirituality. Perhaps those of us who go to church need to look at how we can help you develop and grow spiritually in a different way, perhaps meeting in a pub or café or over a meal or through playing sport. I believe we are all created with a spiritual element within us and that institutional church doesn't always tick the box for us. If you have any suggestions as to how you might like to explore faith, then please get in touch as it’s a conversation I’d love to have. At Illingworth Moor we do our best to try and engage with you our local community. We do the things we do because we have a love and care for our community and invite you to come along to some of the things we do. Not so that you come to church at 10:30 Sunday morning (which of course you are very welcome) but so that we can walk with you on the journey of faith and spirituality that you are on. Perhaps some of the things we do could be the new piece of ground that you find yourself in and which help you to grow, be fed and nurtured in your spirituality.

The interesting thing about potatoes is that when they are planted and are fed and grow, they produce more potatoes which then go on to feed, sustain and help people grow.

I don’t mind being a potato as long as its not a couch potato, because I find that potatoes are life giving to those who have them. I find that being a follower of Jesus is also life giving. I see in society and in our culture that we need things that are life giving rather than some of the destructiveness we see around.

Every Blessing,

Rev Paul Welch
THOMAS SHEARD - Part two  (continued from October Messenger)

At the trial in York, on behalf of Sheard, several witnesses were called to prove that he was about one and a half to two miles away from where the robbery took place. In summing up, the Learned Judge remarked that it had been properly said that any person setting up the defence in question, that of an alibi, ought to be prepared to demonstrate his innocence by proving where he was at the time charged. For this purpose evidence had been adduced, but it was for the Jury to determine which of the statements they believed, if they gave credit to what had been stated by the Prosecutor, who swore positively to the identity of the prisoners, then the alibi had failed, but if, on the other hand, they thought the Prosecutor had been mistaken, the prisoners would be entitled to an acquittal. The Jury retired, and after an absence of about 8 minutes, returned a verdict of GUILTY. Sheard was then charged with a previous conviction for Felony, he having been found guilty at the Wakefield Sessions in 1844. The Learned Judge, said the prisoners had been convicted by an attentive Jury of the crime of their having been in company together and robbed and assaulted the prosecutor of his watch and money. With respect to Sheard, there was some aggravation to his offence, he having called forth witnesses to prove that he was at a place, that had the statement been true, would have rendered it impossible. He could have been present at the robbery, and which species of evidence, he must have known was untrue. In his case too, there had been a very strong confirmation given that he had before taken to the course of crime, for which a term of imprisonment had been tried to reclaim him, but in vain. The prisoners were then sentenced TO BE TRANSPORTED FOR FIFTEEN YEARS.

YORK HERALD - SATURDAY, 27TH DECEMBER 1845

On Monday evening last, the following convicts were sent from York Castle to the Millbank Prison, London, for James Earnshaw and Thomas Sheard, fifteen years.

JAMES EARNSHAW
Calculated Age - 1819 estimated from age 26 years at 1846
Place of Birth - Ovenden
Conviction - Highway Robbery and stealing a watch and money. Offence tried with Thomas Sheard for same. (I LEFT HIM AT MILLBANK)
Sentence - 15 years Place of Sentence - York Special Assizes
Ship - Palmyra Sailed from - Woolwich Departure Date - 4th March 1846
Days Sailed - 167 Ship Master - Daniel W. Stephens Ship Surgeon - Dav Geddes
Arrival Date - 23rd August 1846 Colony - Van Dieman’s Land
Convicts - Embarked 300 males, relanded 6, deaths 2, landed 292
Height - 5 ft 7 & a quarter inches
Social & Family - Mother Sarah, Brothers John & Charles, Sister Ann
Literacy - None Marital Status - Single
Religion - Protestant Trade - Woolcomber
There are no records of Thomas Sheard ever having been transported. Many searches have been made but no record has been found. At this state we must remember what James Earnshaw said about Thomas, **I LEFT HIM AT MILLBANK.**

**MILLBANK PRISON**  With the exception of the years 1848 and 1849, when Cholera was so fatal in the prison, the mortality among the male convicts was greater during the last year (1852) than in any year since 1845.

To account for this extent of fatal disease, it is necessary to state that though formerly invalids were excluded from Millbank and detained in the country prisons, they are now all sent there provided they can bear removal and are free from infectious complaints. All doubtful cases to where disease, mental or bodily, may be suspected, but not fully developed are brought to Millbank under special warrants, to be under observation until decided whether they can bear separate confinement or able to endure the labour on public works, or be fit only for invalid establishment.

Hence the extent of mortality will be governed, except when a fatal epidemic occurs rather than by the number of diseased convicts and such was the facts in 1852. Could this be the cause of Thomas Sheard not being transported? Did he become ill during his wait in Millbank Prison? Several convicts served 7 years in Millbank, for one reason or another in place of transportation. Thomas’s trade of being a Blacksmith, would have done him no harm. It would certainly explain how he appeared again in the Halifax Guardian of Saturday, 24th February 1855, under the heading: **STEALING COALS FROM POOR PEOPLE.**

*Read what happened next in the December issue of the Illingworth Messenger - how he was committed to Wakefield for three months. If you missed Part One you can read it on the Church’s website  www.illingworthmoor.org.uk*

![Millbank Prison Burial grounds, with the Houses of Parliament in the background. The image was published in 1862.](image-url)
**SMILE LINES**

**Thou shalt not**
A Sunday school class was studying the Ten Commandments. They were ready to discuss the last one. The teacher asked if anyone could tell her what it was. Susie raised her hand, stood tall, and quoted, "Thou shall not take the covers off the neighbour's wife."

**Lead us not...**
I had been teaching my three-year old daughter the Lord's Prayer. For several evenings at bedtime, she would repeat after me the lines from the prayer. Finally, she decided to go solo. I listened with pride as she carefully enunciated each word, right up to the end of the prayer: "Lead us not into temptation," she prayed, "but deliver us some e-mail. Amen"

**Why not war?**
The history teacher was trying to impress upon her class the advantages of peace and disarmament. "How many of you boys object to war?" she asked. Up went several hands. "And why is that, Charles?" she went on. "Because wars make history," Charles responded soberly.

**Farming**
Reporter: "What do you think is the trouble with farming these days?"
Old farmer: "Well – in my day when we talked about what we could raise on 60 acres, we meant maize, not bank loans."

**Money**
A financial genius is one who can keep up with both the neighbours and the monthly instalments.

**Ten**
People nowadays treat the Ten Commandments like a history exam – they attempt only three.

**Hold on**
While out in the town, I saw an elderly couple holding hands while they were walking. As they approached, I commented on how romantic it was. The man replied, "We have been holding hands when we go out in public for years. I have to. If I let go, she shops."

**Sermons**
The secret of a good sermon is to have a good beginning and a good ending; and to have the two as close together as possible. - George Burns

**Tempted?**
Don't worry about avoiding temptation......as you grow older, it will avoid you. - Winston Churchill

**Ketchup**
A woman was trying hard to get the ketchup to come out of the bottle. During her struggle the phone rang so she asked her four-year old daughter to answer it. "It's the minister, Mum," the child said to her mother.
Then she told her caller: "Mummy can't come to the phone right now. She's hitting the bottle."

**Gone out**
I am a mental tourist. My mind wanders.
DIABETES SUPPORT GROUP

Did you know there is a local support group for people who have diabetes? It meets on the third Tuesday of the month at Illingworth Moor Methodist Church from 10.30 am to 11.30 am. If you have been diagnosed with Diabetes and would like to chat with fellow sufferers and learn how they manage their condition and exchange information just come along to this informal, friendly group which will be held on Tuesday, 19th November.

CUBE Choir
presents their Winter Concert

CHRISTMAS is COMING

Join the CUBE Choir for a look towards Christmas with a programme of Carols and Seasonal songs plus performances from individuals, groups and the choir.

SUNDAY 1st DECEMBER 2019 : 7pm
at SQUARE CHAPEL, Halifax
Tickets £10.00 : concessions £8.00
Available from Square Chapel Box Office
Tel: 01422 349422
THE TWO MINUTE SILENCE

Schoolgirls in 1918 were warned that they might never be married. So many prospective husbands had been killed in World War 1, that their chances could be slim. It’s hard for us to imagine the slaughter. The total number of both civilian and military casualties is estimated at around 37 million people, ending only when the Armistice took effect on the eleventh hour of the eleventh day of the eleventh month in 1918.

The idea of a ‘Two Minute Silence’ originated in South Africa. The first minute was to be a time of thanksgiving for those who had returned alive, and the second minute was to remember the fallen. It was taken up by King George V, writing, “it is my desire and hope that at the hour when the Armistice came into force, there may be for the brief space of two minutes a complete suspension of all our normal activities.”

It had an immediate impact. An observer wrote, “The whole World Stands to Attention. From the Indian jungles to Alaska, on the trains, on the ships at sea, in every part of the globe where a few British were gathered together, the Two-Minute pause was observed.”

The Great War was said to be ‘the war to end all wars’. But it wasn’t. About three per cent of the world population were to die in World War 2. Today’s 11th November commemoration, repeated on the nearest Sunday, now incorporates all wars.

The Royal British Legion describes the Act of Remembrance as a deeply personal act available to everyone, acknowledging the service and sacrifice of the Armed Forces and their families, across all conflicts.

In keeping the Two Minute Silence, many will long for the day when, in the words of the prophet Isaiah, “They shall not hurt nor destroy in all my holy mountain: for the earth shall be full of the knowledge of the Lord, as the waters cover the sea.”
ILLINGWORTH MOOR METHODIST CHURCH

CHRISTMAS FAYRE

SATURDAY, 30TH NOVEMBER

12 noon to 3 pm

Games
Stalls        Tombolas
Lunch / Refreshments

FATHER CHRISTMAS
and lots more

ALL YOU NEED IS LOVE
Mother Teresa once observed: “We cannot do great deeds, but we can do small deeds with great love.” That’s something to remember in our daily life. What good are great public efforts if they are fuelled by personal ambition or a desire to rule? If you are not personally kind, what good does it do you? The Bible warns us that ‘If I have a faith that can move mountains, but have not love, I am nothing. If I give all I possess to the poor and surrender my body to the flames, and have not love, I gain nothing.’ (1 Corinthians 13:2,3) Who can you show some love to, today?

Sequence Dancing and Ballroom
at Forest Cottage, Cousin Lane,
Il lingworth, HX2 8A

Everyone Welcome
Singles & Couples

Tuesdays and Thursdays  1.45 pm - 4 pm

£2.50 per person includes tea and biscuit
For more information ring 01422 248080
ST. MALACHY’S NEWS

Our Parish Priest is Mgr Michael McQuinn.

ST. MALACHY’S NURSERY

St. Malachy’s School, Cousin Lane.
There is a place for your child so why not give your child the best start? Apply for a place now and come and see what we have to offer. Contact St. Malachy’s School on 01422 244628.

ST. MALACHY’S WALKS

If you would like to join us you will be made most welcome. Walking boots and suitable clothing are essential. For more information please contact Philip or Pat at 01422 259761 or e-mail us at p29.moran@gmail.com

ST. MALACHY’S CREDIT UNION

We can now see you at 26a Illingworth Road
(former Pennine Housing Office)
Thursdays 9.30 am to 1 pm; 5.15 pm to 6.45 pm;
Fridays 9 am to 12 noon.
St Malachy’s Church Hall after 9 am Mass on Sundays and Illingworth Moor Methodist Church Fridays 11 am to 1 pm

CONFESSIONS AT ST MALACHY’S
(SACRAMENT OF RECONCILIATION)

Saturday: No Morning Confession
Evening 5.30 p.m to 6.15pm

FUND RAISING GROUP:
We are collecting old gold. Have you any broken chains? Odd earrings? Rings without stones? Please donate your old jewellery for Church funds. Items can be left in the box on the Paper Stall.
THE FORMER ST. MARY’S CHURCH

The Parishes of Mixenden and Illingworth worship at Holy Nativity Church, Sunny Bank Road, Mixenden, HX2 8RX.

**Family Communion** every Sunday at 10 am.

**Communion Meal** every 2nd Sunday of the month at 6 pm.
The communion meal is an opportunity to worship whilst gathered around the dinner table. Food is provided.

**Rock Mass** every 3rd Sunday of the month at 6 pm. The Rock Mass is a service for people who like to worship LOUD!

**Vicar:** Revd Robb Sutherland, 01422 353929 email robb@priest.com

**Church Wardens:** Mrs Margaret Henderson 01422 243596;
Mrs Sue O’Brien 01422 248454 email obrien246@btinternet.com

**Elderly & Disabled Luncheon Club** twice monthly. Contact Sue O’Brien for details.

**Beavers, Cubs & Scouts:** Thursdays 6 pm. Contact David & Diane Capon 01422 247295.

**For baptisms, weddings & funerals** contact the Vicar or Church Wardens.

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CREW is a local registered charity
“Aiming to Keep Calderdale Fit & Healthy”

*We have exercise classes at Threeways, Nursery Lane every Thursday at 9.45 am*

*We have Walk-It Health Walks of 60 - 150 minutes*

**Mondays at 1 pm from Keighley Road Medical Centre with Christine Cox**
90-120 minutes Moderate on 11th & 25th November

**Mondays at 1 pm from Beechwood Medical Centre with Mike Barnett**
60-90 minutes Moderate on 4th & 18th November

**Every Friday at 10 am from Illingworth Moor Methodist Church**
120 - 150 minutes Moderate with Walk Leaders Edwin Birks and Eileen Connelly

**All our information is on the website:**
www.crewheartsupport.co.uk
This year marks the 75th anniversary of the D-Day Landings, when the Allied Forces of Britain, America, Canada, and France attacked the German forces on the coast of Normandy, France. The Allies’ victory became the turning point for World War II in Europe.

This year also marks the 100th anniversary of the first Armistice Day (now Remembrance Day). It was in 1919 that King George V had issued a proclamation calling for a two-minute silence at 11 am on 11th November, to remember the members of the armed forces who lost their lives in the line of duty.

Dday Landings Allied armed Forces
Britain America Canada France German

Coast Normandy Victory World War

Two Armistice King George Remembrance

Minute Silence Lost Lives Duty

*Mankind must put an end to war, or war will put an end to mankind.* - John F. Kennedy
ALL IN THE MONTH OF NOVEMBER

It was:

200 years ago, on 22nd Nov 1819 that George Eliot (pen name of Mary Anne Evans) was born. This British novelist became one of the leading writers of the Victorian era, best known for *Adam Bede, The Mill on the Floss, Silas Marner, Middlemarch* and *Daniel Dronda*.

150 years ago, on 17th Nov 1869 that the Suez Canal was officially opened. Also, 150 years ago, on 22nd Nov 1869 that the British clipper ship Cutty Sark was launched in Scotland. It was one of the last tea clippers to be built, and it is now on permanent display at Greenwich in London.

100 years ago, on 11th Nov 1919 that the first Armistice Day (now Remembrance Day) was marked in the UK, after King George V issued a proclamation calling for a two-minute silence at 11:00 am on 11th November. The event remembers the members of the armed forces who lost their lives in the line of duty.

90 years ago, on 21st Nov 1929 that Spanish Surrealist artist Salvador Dali held his first solo exhibition, in Paris.

75 years ago, on 12th Nov 1944 that the RAF bombed and sank the German battleship Tirpitz, sister ship of the Bismarck, off Norway. The Tirpitz was the last of the major German battleships and this was the RAF’s ninth attempt to sink her.

60 years ago, on 1st Nov 1959 that the first stretch of the M1 motorway opened in Britain. The first motorway service station (Watford Gap) also opened.

50 years ago, on 16th Nov 1969 that the first episode of the children’s TV series *The Clangers* was broadcast in the UK. It ran for two series and was revived in 2015.

40 years ago, on 4th Nov 1979 that militant Iranian students stormed the US Embassy in Teheran, taking 90 staff and US marines as hostage. Their actions were condoned by Ayatollah Khomeini, who denounced the USA as “the great Satan”.

30 years ago, on 9th Nov 1989 that the Berlin Wall fell. East Germany reopened its border with West Germany, allowing its citizens to pass freely through the checkpoints. Workers began demolishing the 28-year-old wall the next day. Also, 30 years ago, on 21st Nov 1989 that the televising of proceedings from Britain’s House of Commons began.

25 years ago, on 14th Nov 1994 that the first fare-paying passengers travelled through the Channel Tunnel linking England and France. Also, 25 years ago, on 19th Nov 1994 that the first National Lottery draw was held in Britain.

20 years ago, on 11th Nov 1999 that the House of Lords Act was passed in Britain. It removed the right of hereditary peers to sit in the House. Most members are now life peers.
WHAT’S ON AT ILLINGWORTH MOOR

‘GOOD AS NEW SHOP’

Open Monday, Wednesday, Friday
11 am till 3.30 pm

Why not drop into our "Cosy Coffee Corner"? No need to buy! Just sit and watch the world go by in warm and pleasant surroundings. Enjoy a cuppa, read a magazine, or just relax.

CAFE AT THE MOOR

Our Chef, Faye King, makes a range of meals on four days a week - Monday, Tuesday, Wednesday & Friday from 11 am to 1.30 pm

Why not pop in for a coffee, a piece of home made cake, a bowl of home made soup, a sandwich, (either to eat in or take away). Or have a full meal from Faye’s tempting menu? On Friday there is just a full lunch served at 12 noon. Everyone very welcome

BOYS’ BRIGADE - MONDAYS

Anchor Boys: 5 - 7 years (arrive 6.15 pm to start at 6.30 pm until 7.30 pm)
Junior Section: 8 - 10 years (arrive 6.15 pm to start at 6.30 pm until 8.15 pm)
Company Section: 11 - 18 years (arrive no earlier than 7 pm for a 7.15 pm start - ending at 9 pm)

If anyone can help out, even if only occasionally, please get in touch with Captain Andy on 07833910698.

TUESDAY FELLOWSHIP

The Tuesday Fellowship meets on the first Tuesday in the month at 2.30 pm when there is usually a guest speaker.

£2 includes tea and biscuits. Everyone is welcome. See elsewhere for the details of this month’s meeting.
**GIRLS’ BRIGADE - WEDNESDAYS**
Explorers: 4 - 7 years (5.30 pm - 7.15 pm)  
Juniors, Seniors & Brigaders: 8 -18 years  
(6.45 pm - 8.30 pm)  
For more information please contact  
Captain Andrea: 01422 249794

**THURSDAY’S YOUNG AT HEART GROUP**
Meet at Illingworth Moor at 2 pm. For more information  
contact Hazel Roberts on 01422 242374

**HYMNS & HERS (Choir Practice)**
Thursdays 7.30 pm to 8.30 pm. We get together to worship  
God through modern and not-so-modern music. You don't need  
to be an accomplished singer, just enjoy the music.

**FRIDAYS**
Lunches are available on Fridays from 12 noon *(term time only).*  
The cost will be ‘up to £4’ depending on menu, followed by  
bingo, raffle etc if you wish.

**SHOPPERS ‘20 MINUTES’ SERVICE**
First Friday of each month with Paula Prosser at 11.40 am

**CREDIT UNION with St Malachy's**
At Illingworth Moor *fortnightly* on a Friday from 11 am - 1 pm.  
Want to save as little as 50p a week? This helps to get you into  
the savings habit. If you have problems with big money  
institutions, the Credit Union can help you start from where you  
are right now.

**SUNDAYS**
Sunday Worship & Sunday School at 10.30 am  
**EVERYONE IS WELCOME TO JOIN US AT ANY  
OR ALL OF THE ADVERTISED EVENTS**
MORE THAN 32,000 OF US STRUGGLE TO CHANGE A LIGHT BULB

When it comes to DIY, some of us need more help than you might think. Last year Google was asked how to change a light bulb more than 30,000 times. Other DIY jobs that drove people to Google were how to fix a dripping tap (422,000 times), and how to bleed a radiator (322,000 times). Safestyle, the home improvement company that carried out the research, said Google is the ‘go to’ for millions of us who are baffled by DIY tasks.
THINKING ABOUT QUITTING SMOKING?
The NHS are running a Yorkshire Smokefree session at Illingworth Moor Methodist Church on Wednesdays from 2 to 3 pm which will be weekly sessions after initial consultation.
For New Starters there will be an Appointment Only session from 3 to 4 pm
If you are thinking about Quitting Smoking why not give us a call on 01422 262373.
We can offer:
Information and Advice                    Weekly Support
Carbon Monoxide Breath Test           Various Stop Smoking
Increase Chance of a Successful Quit Attempt  Medication

Other clinics available across Calderdale

Andrea Thorpe
MBChA, Dip. Pod.Med., MSSCh
Visiting Chiropodist
3 School Lane, Illingworth, Halifax
for appointments
ring 01422 249794
or mobile
07770373127

WALKING FOOTBALL
takes place on
Tuesday's at 12 noon
at the Sports Hall at
THREEWAYS and
costs £3.

Please use the Nursery Lane entrance.

The tragedy of war is that it uses man’s best to do man’s worst. – Anon
FALL OF THE BERLIN WALL - 30 YEARS AGO

The Berlin Wall fell 30 years ago this month, on 9th November 1989. East Germany reopened its border with West Germany, allowing its citizens to pass freely through the checkpoints. Workers began demolishing the 28-year-old wall the next day.

Earlier that year serious unrest in Eastern Bloc countries such as Poland and Hungary had put pressure on the East German government, which had also been dealing with demands from its own citizens, led by a determined ‘swords into ploughshares’ church movement for peace. The wall was relatively low but heavily fortified, separating the democratic Western countries and the Communist countries of Eastern Europe throughout the Cold War. East German border guards were authorised to shoot anyone attempting to escape into West Berlin. More than 100 people died in that way, but hundreds more were killed trying to cross at other border points.

German reunification took place formally on 3rd October 1990. One of the casualties of the building of the wall in 1961 was the Church of Reconciliation, which was separated from most of its parishioners and eventually demolished to make it easier for guards to shoot potential escapees. The same site now houses the clay-built Chapel of Reconciliation, consecrated in November 2000.

60 YEARS OF THE M1

The first stretch of the M1 motorway opened 60 years ago this month, on 1st November 1959. The first motorway service station opened at the same time - Watford Gap, a rather successful attempt to confuse motorists, as it is not near the town of Watford, but close to an obscure Northamptonshire village of the same name.

Technically not the first piece of motorway in Britain – that was the Preston bypass, later part of the M6, which was built the previous year – the M1 was Britain’s first full-length motorway, running from what is now Junction 5 (near the town of Watford) to the current Junction 18 (Crick).

The advent of motorways meant the end for town-to-town or church-to-church navigation over long distances, with an emphasis on ease of travel. Engineers who designed the road estimated that about 20,000 cars would use it each day, but the real figure today is closer to 140,000. The M1 is now 193 miles long, from Staples Corner in London to Hook Moor, Leeds. It was completed 20 years ago, in 1999.

At first there were no speed limits, central reservations or lighting on motorways, but a temporary limit of 70 mph was introduced in 1965, and this was soon made permanent.
PUT YOUR GARDEN NETS AWAY
Don’t leave netting out in your garden over the winter – it is killing our hedgehogs. So warns the RSPCA, after reports of dozens of hedgehogs getting entangled in football, badminton and pond nets. Evie Button, a wildlife scientific officer, warns: “Netting can be a particular hazard for wild animals, as they can easily become entangled. As they thrash around trying to escape, the netting can tighten round them and cause terrible suffering.” Since the 1950s, the number of hedgehogs in England has shrunk from 30 million to one million.

THE ODD NAP IS GOOD FOR YOUR HEART
If you are longing for a nap, go ahead. A recent study has found that people who enjoy a small number of daytime naps a week have only half the risk of life-threatening events such as heart attack or stroke. Researchers say that the reason may be because napping relieves stress, and thus aids cardiovascular health. But the team at University Hospital Lausanne also found that there should be a limit to napping. Once or twice a week for between five and 60 minutes is good; beyond this, beware. If you need to nap more often than that, it may be that you have underlying health problems and should see a doctor.
BOXING DAY LUNCH
For the 4th year running we are hosting our Boxing Day community meal at Illingworth Moor Methodist Church.
Are you, or someone you know, going to be alone over the festive period? If so we may be able to offer you a seat at our table.
We provide a full 3 course Christmas lunch with all the trimmings. Games with prizes. A gift for every person attending and most importantly company!
Transport could also possibly be provided depending on location.
For more information or to request a place please leave your details at Illingworth Moor Methodist Church and Amanda will get in touch. Nobody needs to be alone over Christmas!
ILLINGWORTH MOOR TUESDAY FELLOWSHIP
The October meeting began with the Annual General Meeting. It was followed by a talk from Mrs Janet Nicholson on her return visit to Tanzania. She showed slides of the poor living conditions there, including no clean water and sanitation, schools where only the wealthy could afford to send their children and the lack of facilities in hospitals. But she also told about the joy at Sunday worship which involved hours of singing and dancing and the happy atmosphere of all attending.
Margaret Crawshaw thanked Janet and commented that we had all been moved at what she had shown us.
The next meeting is on 5th November when John Wyte will tell the story of how the hymn "Abide with me" was written. The meeting starts at 2.30 pm and all are welcome.

ACCENTUATE THE POSITIVE
Having a positive view on life can help you live longer. A recent study has found that people who are optimistic are more likely to live to 85 or older.
The study by the Boston University School of Medicine found that the most optimistic men and women have an 11 per cent to 15 per cent longer lifespan than the rest of us.
MAN SHED AT THE MOOR

My name is Neil Making and I am the Centre Manager at Illingworth Moor Methodist Church. I recently moved house, and owned my very own ‘Man Shed’, a 20’ x 8’ shipping container. There is no room at my new house, so I needed to dispose of the shed.

I happened to mention this to a friend and colleague at Church, Geoff Widdop, who, on his travels some years ago came across a Man Shed meeting place and was so struck by the project that he had the idea that my shipping container could be the very thing needed to start a ‘Man Shed’ at Illingworth Moor.

And so the project came to life! Others volunteered to help, money was found by way of Grants from the North Halifax Community Fund and the ABS Anniversary Fund. The cost of lining out the container to make it dry and warm, to install a safe electrical supply to the shed, and to fit seating and work benches is in excess of £3000, and Illingworth Moor Methodist Church has agreed to cover any expenses in excess of the £2950 Grant money raised so far. It is hoped the shed will open by the end of October or early November.

The Mission Statement for the ‘Man Shed at the Moor’ is ‘A space, primarily for men, providing friendship and fellowship, and encouragement to interact, discuss and find guidance’.

Running costs will be minimal and the shed will be run by volunteers. Voluntary donations by those using the Man Shed will be sought. Materials for hobby and craft work, together with tools have already been offered.

And what of the future? We have already had a number of enquiries about membership. We know the internal space we have is limited, and we know that similar projects have expanded rapidly, so depending on the success of the project, we may be looking to expand with further units and seek support from our current fund providers. Watch this space!

THE DAISY CHAIN CAFE

ON WEDNESDAY, 13TH NOVEMBER

AT BLACKBURN HOUSE,
NURSERY LANE, OVEN DEN

FROM 1 PM TO 3 PM

Working towards a Dementia Friendly North Halifax.
For more information contact Karen Scanlon on 03005550266
EXERCISE CAN SAVE YOUR LIFE
Sorry to nag you, but if you are middle-aged and sitting for more than nine hours a day, you are doubling your risk of early death. But the solution is simple: walking briskly for 24 minutes a day can help you extend your life.
A recent study by the University of Leicester and the Norwegian School of Sport Sciences in Oslo has found that deaths fall steeply as the amount of physical exercise increases, to a plateau of about five hours per day of light-intensity physical activity, such as walking, jogging, tennis, or heavy gardening.
As one senior doctor said: “If physical activity were a drug, we would refer to it as a miracle cure.”
Editor: If you are over 50 and fall into the above category why not take a look on page 27 and see if any of the activities which the LA Group run would be ok for you to try? The first session is FREE!

HAIRY POPPINS

DOG WALKING & GARDENING
Regular, occasional and one off walks
Puppy visits to feed, play and toilet
Cats, rabbits, fish etc. cared for

Lawns mowed—regularly or occasional
General Gardening

Phone Andrea on 07886527537
Email: hairypoppins15@gmail.com
Find us on Facebook
*Fully Insured*
Home Instead Senior Care CALDERDALE would like to invite those wishing to join our outstanding team who are dedicated in caring for our elderly population. We pride ourselves on recruiting CAREGivers who are Trustworthy, Responsive, Reliable & Friendly.

If this is you, we would love you to join our team and contribute in supporting our ageing clients to remain in their own homes.

You could potentially earn between £8,500 and £10,000 per year based on a 20 hour working week, full training provided and a supportive team helping you maintain the highest standard of practice CARE.

01422 292424 – www.homeinstead.co.uk/calderdale
As we enter Autumn there is still plenty to do on the local cricket scene. The grass keeps growing these days well into the winter and of course needs to be cut. The cricket playing area has been re-seeded and top dressed with soil and has already grown well. There are leaves to sweep up and always plenty of maintenance to do. Work re-pointing our big boundary wall continues and will do so whenever the weather permits. We couldn’t exist without our volunteers and there is always room for more to join the team. Finance is always an issue and we are lucky that some people are prepared to use their talents to help us in this way.

Many sports clubs in the Halifax area are struggling to exist in the modern age for a whole host of reasons and whilst things are never easy we work hard to be relevant to the younger generations and we like to think we are as vibrant as any. We try to contribute a lot to the community but we cannot stand on our laurels and have to continue to seek new ways of attracting support and finance. We would love to upgrade our clubhouse. Some of us still think of it as “new” but in reality is nearly 60 years old and we need to replace a lot of the windows and upgrade the ladies toilets as a matter of urgency. One new feature of the upstairs is a marvellous display of cricket shirts from far and wide beautifully displayed through the efforts of Vice Chairman, Dorian Brooksby. Our Annual Dinner and Prize Presentation takes place on Friday, 15th November with tickets at £25 with local comedian Lea Roberts and the prizes will be presented by ex-player and former Australian international Stuart Law. This will be an excellent chance to see the shirts as well. Tickets are going fast so contact me if you are interested.

After our excellent season awards still continue to come in. Luke Brooksby has won the 1st XI Halifax Premier League Bowling Award with 61 wickets at an average of just 10.49, the 2nd XI won the Clay Trophy for the highest number of points in the last six games and Alicia Smith has won both the YCB and National Young Volunteer of the Year Award. This is an incredible and very well deserved achievement.

We continue to put much effort into junior cricket. The club is working hard with local schools including Whitehill to do some coaching in school over the winter period. For any youngster, boy or girl interested in playing cricket our junior coaching and training will start at Trinity School in January. If you are interested do get in touch. The more the merrier.

The club will again be in use all winter as the base for Illingworth St. Mary’s AFC who are running two teams and play matches at Trinity School just down the road. Our pavilion and bar will be open on Saturday afternoons when Illingworth St Mary’s AFC have a home game. The club is also available during winter for private functions. Please do support us. Our web address is illingworthcc.co.uk or ring 07979-645379 or email pasmith19@hotmail.com

Andrew Smith
Club President
Where can you get (for example) Chicken and Leek Pie, two veg. and potatoes, a pudding and a cup of tea, together with good company and a game of bingo all for £4.00?

At The Café at the Moor, Illingworth Moor Methodist Church, every Friday, 12 o’clock start.

The Access Bus picks up some of our regulars, so if you need transport just ring 0113 348 1903 to register with Metro.

MOUNT ZION HERITAGE CHAPEL

Mount Zion will be staging its first-ever Community Christmas Tree Festival in December. (See advert on page 20)

Churches, charities, schools and businesses are sponsoring trees at the event which gives people the chance to decorate their tree in whatever fantastic way they wish - and the result should be a magical Christmas display which really gets people in the mood for the festive season. All visitors to the festival will get a chance to vote for their favourite tree and there will be a trophy for the winning entrant.

The event will run on the weekend of December 7th and 8th - times will be announced in the near future - and will culminate in the Carol Service at 2.45 pm on the 8th, when the winning tree will be announced. Admission is free and refreshments will be available.
The Local Activities (LA) Group in Illingworth and Bradshaw was formed specifically to improve the health and wellbeing of people over 50 in this area of Halifax. If you are interested in meeting new friends and doing new activities please get in touch via:

Visit our website: www.illingworthandbradshaw.btck.co.uk
for an update on our activities / email us at lagroup50@hotmail.co.uk / Facebook: Illingworth & Bradshaw Local Activities Group / Ring the Secretary on 01422 249070 / attend one of the activities

The Bowling Section of the LA Group meet every Monday (April to September) at 10 am at Holmfield Bowling Club, Beechwood Park, Holmfield

THE FOLLOWING ACTIVITIES RUN EACH WEEK AND TAKE PLACE AT ILLINGWORTH MOOR METHODIST CHURCH, HX2 9LL

TUESDAYS
KEEP FIT from 10 am to 11 am £3.00
Not too hard, but not too easy!
This is a fun aerobic exercise class to get you fit and keep you healthy
NEW AGE KURLING from 11.15 am – 12.15 pm £2.00
Both the above activities are suitable for a range of abilities
LINE DANCING from 2 pm – 3 pm £3.00
(not on the first Tuesday in the month)

WEDNESDAYS
CRAFTY CLUB from 10.15 am - 12.15 pm £2.00
Join the friendly group for knitting, card making and other crafts (some materials provided) plus hand massage or just a brew and a natter.

THURSDAYS
INTERMEDIATE PILATES CLASS from 9.45 am – 10.45 am £3.00
BEGINNERS PILATES CLASS from 11 am – 12 noon £3.00
To improve core stability and strength
ART CLASS from 10.00 am – 12 noon £5.00
Professional Tutor. Suitable for all levels – beginners are welcome. Some materials provided.

THE FIRST SESSION AT EVERY CLASS IS FREE

*NEW MEMBERS ALWAYS WELCOME AT ANY OF THE ACTIVITIES*
CHURCH CONTACTS

Mixenden and Illingworth Parish: Holy Nativity Church

Minister: Rev Robb Sutherland
Tel: 01422 353929
Address: Holy Nativity Church, Sunnybank Road,
Mixenden, HX2 8RX
Web: www.holynativity.co.uk
Facebook: holynativitymix
Twitter: @holynativitymix

St Malachy’s

Parish Priest: Mgr Michael McQuinn
Tel: 01422 361682
Pastoral Assistant: Sister Anne C.P
Address: The Presbytery, Nursery Lane, Ovenden,
Halifax, HX3 5NS

Illingworth Moor Methodist Church, Keighley Road,
Illingworth, Halifax, HX2 9LL

Minister: Rev Paul Welch
Tel: 01422 244418
Address: The Manse, “St Ives”, 160 Whitehill Road,
Illingworth, Halifax, HX2 9UH
Web: www.illingworthmoor.org.uk
Facebook: Illingworth Moor Methodist Church
Facebook: Illingworth Moor Church Good As New Shop

The last day for contributions to be included in the DECEMBER/JANUARY edition is Friday, 15th November 2019

Items can handed in to your Church representative or sent direct to the
Editor: Irene Mulhall at irene.mu@blueyonder.co.uk
Tel: 01422 249070